



Southern California



CHAMPIONSHIPS

Southern California Indoor Meet . . . Outdoors

\$40 first event
\$10 second event
\$60 unlimited events
\$ 5 early registration

March 15, 2026
Mater Dei High School
Santa Ana Bristol and Edinger

Track Events

Field Events

9:30 3000 Racewalk
10:30 10,000 meters
11:30 Pentathlon
11:45 3000/5000 meters
1:00 Mile
1:15 60 Hurdles
1:25 400
1:40 60
2:10 800
2:20 200
3:00 relays
Request time 1000, 100, 200h

10:30 a.m. Discus
Noon Weight Throw
High Jump
Pole Vault
Long Jump
Triple Jump
Shot Put
follows LJ
follows WT

For schedule purposes we guarantee at least one flight of TJ and SP will start after 1 p.m.

OK, here's the deal. We have the track, officials and timing equipment. If there is any race you've always wanted to do, this is your chance. Bring at least two competitors and we'll try to figure out a way to hold your race. If you want to do a non-metric race, please let the meet director know in advance so we can do the calculation.

The usual info: Fully automatic timing, maximum spike length 7mm, USATF membership required (but if you are serious about this stuff you'll need it for the rest of the year anyhow), unfortunately the facility can not accommodate Steeplechase, Hammer or Javelin. Facility does not provide implements. Please do not ask.

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